



LEADING COSMETIC
AND AGE MANAGEMENT CLINICS

Look and Feel

YOUR BEST FOR LIFE



LEADING COSMETIC AND AGE MANAGEMENT CLINICS

based in Somerset, Dorset and Devon.

Looking and feeling your best is vital to get the most out of life. Having energy to live life to the full is essential at any age. Dr Ian Strawford is renowned for his natural face lifting techniques and age management rejuvenation and wellness.



Dr Strawford is sought after by actors and those in the public eye for his discreet results which result in you looking better, not different. His skills are in achieving natural results by lifting and sculpting the face and neck using cutting-edge techniques that make surgery unnecessary.

At our Skin Excellence clinics, we provide a highly personalised approach, with bespoke aesthetic treatments tailored to you. Our commitment is to help you to look and feel your best and together we map out the journey to achieve the best version of you.

Dr Strawford has a wealth of experience and a true enthusiasm for aesthetic medicine, his client testimonials confirm that you are in safe and skilled hands.

'Nothing gives me more satisfaction than helping my clients look and feel their best and get a new confidence and enthusiasm for life.'

FACIAL REJUVENATION

The Collagen Lift

The Collagen Lift is the most advanced non-surgical alternative to a surgical face lift. The procedure lifts and tightens the face and neck using a combination of innovative techniques and is entirely tailored to your needs. It may include radio frequency, thread technologies and next generation dermal filler techniques.

The results include a well-defined jawline and reduced jowls, reduced nose to mouth lines, increased volume in the mid face and cheeks and rejuvenated neck. Skin glows with increased collagen giving a radiant and vibrant look. The results are natural and long-lasting, from eighteen months to four years.

This is the most effective non-surgical face lifting procedure available anywhere and it is Dr Strawford's Signature Facial Procedure and exclusive to Skin Excellence Clinics.



'My face and neck have been restored by Dr Strawford's Collagen Lift. I have a new confidence and enthusiasm for my work and life. I look like me – at my best.'

Hetty Baynes-Russell, Actress

The Silhouette Thread Lift

Often referred to as the 'natural thread facelift', the Silhouette Thread lift restores the 'triangle of youth' – high cheekbones, full cheek volume and a defined jawline, correcting the ageing effects of flattened cheeks, more noticeable nasolabial folds and a sagging jawline.

The procedure provides an instant lift and stimulates lost collagen production giving a natural, age-reversing result. Dr Strawford was one of the first doctors in the UK to pioneer the use of threads and now trains doctors and surgeons in the method.

Further treatments include:

The Vampire Facelift Treatment

The Vampire Hair Restoration

The Natural Lip Lift

Skin Renewal & Clarity

The Non-Surgical Nose Reshape

FACIAL REJUVENATION

Ellansé

Ellansé not only corrects wrinkles and folds but by stimulating your own collagen, treats the underlying causes of facial ageing. The effects are gradual and longer-lasting giving you a natural youthful appearance.

It is also effective for the treatment of hands, where skin is thinner and the décolletage, reversing sun damage and providing deep dermal hydration.

Prophilo

Known as 'injectable moisturiser', prophilo is hugely popular with health and beauty journalists. It is primarily an intense hydrating treatment, dispersing hyaluronic acid evenly throughout the face giving your skin an instant plump and firm look.

*'I can't tell you the number of compliments I've had.
Skin really does look ...radiant. This stuff's good.'*

Lisa Armstrong, The Daily Telegraph

Further treatments include:

Botox

Tixel

Fractora

BODY CONTOURING

BODY-TITE

Diet and exercise are vital for staying fit but sometimes, that is not sufficient. The most advanced solution available is Body-tite, a minimally invasive procedure using radio-frequency that shapes, contracts and lifts without surgery or scarring. It also helps improve skin laxity after weight loss or due to ageing. Common treatment areas are stomach, arms, chest, knees and inner/outer thighs.

Our Preferred Products

There is a huge range of products available for procedures and treatments in clinics. We use what we have found to be the best – the safest and most effective. Here we have shown a selection of what we use and Dr Strawford may use a combination of products to achieve the best result for you.



THE MENOPAUSE and HORMONE CLINIC

The menopause can be a time of exhaustion, lethargy and low mood. At Skin Excellence, we aim to restore your hormone levels to their optimum so your energy levels and mood are restored. A detailed blood analysis reveals your current hormone profile and thyroid and adrenal gland health. Dr Strawford will create a personalised prescription of Bioidentical Hormones. These are more natural for the body, mimicking your natural hormone production for optimal health and well-being.

Female Sexual Health

Similar to the skin on our bodies, vaginal skin is susceptible to ageing and laxity. Coupled with childbirth and hormonal changes, the vaginal walls and tissues lose volume, reducing sensitivity and elasticity in the area and contributing to urinary incontinence.

The **O-Shot** (Orgasm Shot) procedure is a specific method of using blood-derived growth factors to rejuvenate the vagina to help relieve urinary incontinence and restore sexual appetite.

Male Sexual Health

The **P Shot** (Priapus Shot) is a new non-surgical procedure for the treatment of erectile dysfunction. The P shot uses the body's natural ability to heal and rejuvenate by injecting PRP (Platelet Rich Plasma) to stimulate regeneration and increase blood flow in the penis. The Platelets generated trigger stem cells which help to grow healthier tissue and improve blood circulation in the penis.

Your Investment

We are committed to helping you look and feel your best and appreciate that a course of aesthetic treatments can be a considerable investment. We will map out your treatment plan and set up a monthly payment plan so you can plan your treatments over time with complete peace of mind.

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